

CAUSE RESONANCE

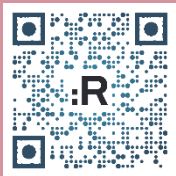
About our deep dive into
resonance...

This kind of work always brings out something new, sharpens **ATTENTION** and **MINDFULNESS** for each other, and leads to mutual resonance.

For sociologist **Hartmut Rosa**, a good life is about reaching and touching other people. Nowadays, we are incessantly busy, increasing our own scope, but this attempt to make the whole world "**available**" to ourselves leads to the opposite: the stream of noise creates a deafening silence in place of real dialogue. Rosa counters this alienation with his idea of resonance as a "**resonant, unpredictable relationship with a non-available world**".

What may sound aloof at first reading has **practical relevance** for our work: If we manage, together with our client organizations, to create spaces that invite resonance, then **development impulses** can emerge that generate a sustainable movement. That is the hope, anyway, since **resonance is ultimately "unavailable"**.

You can find an intensive and exemplary introductory exercise on this topic below.



Curious For
More Tools?
(click or scan qr-code)



We sit in **pairs facing** each other, silently responding to and **reflecting** on questions that a facilitator provides as **impulses** into the session:

:RESOUL
#39 seeds

Resonance

[Source: Volker Schuler and Falk Schöller]

:R

What do you **see** in your counterpart? What does she or he probably see in her-/himself? What aspects could perhaps only be **noticed** by you?



What do you **appreciate**
about your counterpart?
What makes him or her
so **distinctive** and
unique?



Imagine that your counterpart was starring in a **fantasy film**.

What magic powers would you attribute to him or her? And how would this **magic power** work? What **miracles** do you think she or he can perform?



Now imagine what your counterpart has seen and **discovered** in you. What **prestige** were you afforded? What **dignity** do you radiate? With what **appreciative** words will your counterpart describe you?

