

LIFELONG LEARNING

In many apprenticeship companies in Germany, the phrase "apprenticeship years are not master years" is a common sentiment. However, the saying harbors a major fallacy: there is supposedly a time when one is **done learning**.

Contrast this with our fast-moving world, where the image of the lifelong learner is much more realistic than that of the finished learner.



How does this help us in practice? 🖱️

Conscious incompetence is an important step in personal **DEVELOPMENT**. Therefore, let us embrace the pain of learning rather than try to avoid it.

Even though we are competent in many areas, it is important to regularly and consciously step into the role of the trainee.

Let's be aware of the **stages of learning**:

1. We start in the stage of unconscious **incompetence**. This feels good because we don't know what we don't know.
2. Next we enter into **conscious incompetence**, where we become aware of our mistakes and experience discomfort.
3. Through practice, we get to the stage of **conscious competence**. We are focused and have a sense of accomplishment.
4. Routine leads us into **unconscious competence**.



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