

I AM YOU:R BUDDY

We have designed our organization ourselves. That's why colleagues feel like friends or family. **Collaboration** means **inspiration**, helpfulness, **growing** on each other and consideration. As we like to say internally: "At **subject:RESOUL** we can discuss any topic with anyone".



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We recommend **formats** that also make the quiet **SOUNDS** audible and bring **EMOTIONS** into focus - especially in increasingly fast, complex and uncertain working environments.

Nevertheless, there are situations in our everyday lives that sometimes come up short: **reflections** that are not triggered or emotions that are given too little space to materialize.

Our **intervention**:

👉 A **buddy system**.

Each of us has a **Buddy**. She or he asks me from time to time how I'm doing, listens closely, asks in private. She or he is available to me at any time, even for topics that have nothing to do with the work itself, but which are important for joyful and soulful work.

What does it take?

👉 Not much: A little **experimental spirit**, an idea for an "**allocation procedure**" and an **exchange** about what a buddy should be there for.



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