ARTFUL PARTICIPATION Is my current behavior the greatest contribution I can make to the effectiveness of this collaboration?



Do you ever find yourself sitting in a **meeting** and wondering "Why am I here?" Do you ever start working on your pet project instead of tackling necessary, but unpleasant tasks?

<u>Want more?</u>

The **principle** of artful participation aims at this exact scenario. It says: Always ask yourself if your current behavior is the best **contribution** you can make to this **collaboration** - and if not, do something else.

This can mean leaving a meeting in which you have nothing to contribute. Or refraining from saying something that's already been said. Or expressing something that, while helpful, may cause friction or discomfort.

Try it in the next meeting

- ? Ask yourself what behavior would be artful right now and do it.
- **?** How does the question of Artful Participation change your view of your own contributions and those of your colleagues?
- ? Apply the principle together. Question each other: "Is this artful right now?"





